

T-SHIRTS FROM THE
EVENT ARE NOT
WRAPPED IN FOIL.
AS A RESULT, ANOTHER
PLASTIC PACKAGES
WILL NOT END UP IN
THE ENVIRONMENT.



FIND OUT MORE ECO FRIENDLY SOLUTIONS





Disclaimer:



ALL BANNERS USED
AT THE EVENT ARE
REUSABLE. THANKS
TO THIS, WE DO NOT
PRODUCE SEVERAL
HUNDRED SQUARE
METERS OF BANNERS
EACH YEAR.

FIND OUT MORE ECO FRIENDLY SOLUTIONS







Disclaimer



OUR COMMUNICATION
IS DIGITAL. WE ALMOST
COMPLETELY REDUCE
PRODUCTION OF
PRINTING MATERIAL.



FIND OUT MORE ECO FRIENDLY SOLUTIONS







Disclaimer:



DO YOU KNOW? **EVERY 10 KM ON** A BICYCLE IS 1.5 EUR **MORE IN YOUR** POCKET! BURN YOUR OWN CALORIES, NOT PETROL.

FIND OUT MORE ECO FRIENDLY SOLUTIONS





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HUMANS ARE 10 TIMES MORE EFFECTIVE THAN CARS. AN AVERAGE VEHICLE CAN GO 10 KM ON IL OF GASOLINE, BUT **HUMANS CAN RUN 100** KM ON 1 KG OF FAT. USE YOUR OWN POWER!

FIND OUT MORE ECO FRIENDLY SOLUTIONS







Disclaimer:



DO YOU KNOW
THAT WE ARE USING
RECYCLED COTTON FOR
STARTER PACKAGE BAGS?
RECYCLING ONE TON OF
COTTON WE ARE SAVING
MORE THAN 700 M3 OF
WATER.

FIND OUT MORE ECO FRIENDLY SOLUTIONS







Disclaimer:



DO YOU KNOW THAT
WE COLLECT PLASTIC
PLUGS? RECYCLING
10 TONS OF PLASTIC
PLUGS IS ENOUGH
TO DONATE
A WHEELCHAIR.

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USING PAPER START LIST
IS A HISTORY NOW.
USING LED SCREENS
OR ONLINE START LIST
IS A MODERN AND
ECO SOLUTION.

FIND OUT MORE ECO FRIENDLY SOLUTIONS





Disclaimer:



A DEPOSIT SYSTEM FOR
PLASTIC AND GLASS
BOTTLES IS IMPLEMENTED
(OR POPULAR) IN SOME
EUROPEAN COUNTRIES
(FOR EXAMPLE IN LITHUANIA).
CHECK BEFORE YOU THROW
OUT AN EMPTY BOTTLE.

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Disclaimer:



START AND FINISH
GREEN FROM HOME.
USE BICYCLE OR PUBLIC
TRANSPORT TO COME
AND GO BACK
FROM EVENT.



FIND OUT MORE ECO FRIENDLY SOLUTIONS





Disclaimer:



WE USE ONLY PAPER
CUPS, TO DRINK THE
WATER. AS A RESULT,
ANOTHER PLASTIC
MATERIALS WILL NOT
END UP IN THE
ENVIRONMENT.

FIND OUT MORE ECO FRIENDLY SOLUTIONS







Disclaimer



OUR SPONSORS
ARE ECO-FRIENDLY.
SUPPORT THEM BY
SUPPORTING US.



FIND OUT MORE ECO FRIENDLY SOLUTIONS





Disclaimer:



YOU CAN SAVE
WATER WHILE
WASHING YOURSELF
BY INSTALLING
A SPECIAL CAP
ON THE FAUCET.



FIND OUT MORE ECO FRIENDLY SOLUTIONS







Disclaimer:



BY CHOOSING
ECO-FRIENDLY RUNS
INSTEAD OF
"OLD-FASHIONED"
RUNS YOU ARE
ALREADY A WINNER.



FIND OUT MORE ECO FRIENDLY SOLUTIONS





Disclaimer:



AN EVENT WHICH HAS
GREEN RUN LABEL
MEANS THAT IS
ECO-FRIENDLY AND
REALLY CARES FOR
OUR PLANET.



FIND OUT MORE ECO FRIENDLY SOLUTIONS





Disclaimer:



LESS GADGETS IN
THE STARTER PACK
MEANS BETTER FOR
THE ENVIRONMENT.



FIND OUT MORE ECO FRIENDLY SOLUTIONS





Disclaimer.



RESIGNATION
FROM A MEDAL
MEANS LOWER
CARBON FOOTPRINT.



FIND OUT MORE ECO FRIENDLY SOLUTIONS





Disclaimer:



BY CHOOSING DUPLEX PRINTING IN PRINTER **SETTINGS DURING EVENTS ORGANIZATION** MEANS THAT WE WILL **USE TWO TIMES LESS** SHEETS OF PAPER.

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PRINTING TIPS: REMEMBER THAT THE TYPE AND SIZE OF A FONT WILL AFFECT THE AMOUNT OF USED PAPER AND INK. **ECO- FRIENDY FONTS:** CENTURY GOTHIC, GARAMOND, COURIER AND MANY MORE.

FIND OUT MORE ECO FRIENDLY SOLUTIONS







Disclaimer: